



A quick guide for **PATIENTS**

Control Set* components







Instructions for lengthening



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Find the marking "SKIN" on the transmitter indicating the side to be in contact with skin.

Place the Transmitter at the position of the Receiver, with the white side on your skin.

Place the stethoscope on your knee cap (patella) to hear the motor.

Initiate energy transmission by pressing the "Patient" button once.

If placement is correct, the yellow "Transmit" LED will flash 5 times within one second. You'll also see the counting on the display.

This process is repeated every 9 seconds without any need to press the "Patient" button again and indicates to you that energy is being transmitted to the receiver.

You should hear the motor working through the stethoscope. If you cannot hear it, try repositioning the stethoscope.

The process ends after 9 flashing sequences or a total of 90 seconds. You will see the 9 impulses shown at the display. Make sure that you also hear the 9 impulses being transmitted to the motor.

Nine impulses should be shown on the display at the start of each distraction process. If an insufficient number of impulses is transmitted during a distraction, you must try to perform an additional distraction in order to compensate for the missing impulses.

Perform the remaining missing impulses and end the transmission when the number of impulses specified by your treating physician (generally 9 impulses) has been reached.



By pressing the reset button, the counter will return to 0 (zero).

You can reset every 9 impulses or after you finish the number of impulses, according to the instructions of your treating physician.

27 impulses is equivalent to 1mm.

Turn off the Control Electronics and disconnect the cables.



Avoid pulling on the cable of the Transmitter.



Protect the Transmitter's cable from harm.

If you have any questions or concerns, please refer to your treating physician.



Troubleshooting

| Malfunction | Possible cause | Actions |
|---|--|---|
| The device cannot be switched on. | No connection to the mains power supply, power cable not plugged in | Insufficient main voltage: check connection to the mains power supply, connect to a different socket if necessary |
| Power LED (green) does not light up | Power cable defective | Contact your treating physician |
| | No connection to the mains power supply, power cable not plugged in | Plug in the power cable |
| Transmit LED (vellow) does not flash, counter | Control electronics not switched on | Switch on the control electronics |
| does not respond and no motor noise is audible | The Doctor switch has been operated instead of the Patient button (now lights up blue) | Release the Doctor switch by operating it again and repeat distraction in accordance with section 4.3 "Performance of distraction" in Instructions for Use FITBONE Control Set |
| | Coaxial cable of the Transmitter not connected to the Control Electronics | Check the plug connection |
| Transmit LED (yellow) does not flash during energy transmission, but lights up continuously for one second. No transmission impulse is counted on the display. The motor noise may be audible | Distance range of 8 to 12mm between Transmitter and Receiver, which is required for correct energy transmission, has been exceeded | Change the Transmitter position or reduce the distance to the Receiver (for example by pressing the Transmitter button) or reposition the Transmitter |
| | Transmitter coaxial cable faulty | Contact your treating physician |
| | Excessive distance between the Transmitter and Receiver | Reduce the distance to the Receiver (for example by pressing on the Transmitter) or reposition the Transmitter |
| | | Change the position of the Stethoscope |
| No motor running noise audible via the | Intramedullary lengthening nail temporarily overloaded | Check the position of the Transmitter and keep trying until distraction takes place |
| Stethoscope during distraction | Incorrect voltage supply | Check whether you are supplying your device with the correct mains voltage (required mains voltage is indicated on the type plate and on the label next to the socket) |
| | System failure | Contact your treating physician |
| LCD diaplay constantly fails to sount compating | LCD display faulty | Contact your treating physician |
| LCD display constantly fails to count correctly | Incorrect transmission rate | Reposition the Transmitter |
| Insufficient number of impulses during a | Incorrect positioning of the Transmitter | Please refer to section "Insufficient impulses |
| distraction procedure | Plug is disconnected during the procedure or OFF button is pressed | transmitted" underneath |

Insufficient impulses transmitted

If an insufficient number of impulses is transmitted during a distraction, you must try to perform an additional distraction in order to compensate for the missing impulses.

- For this purpose, start a new distraction as described in section "Instructions for distraction" above.
- Perform the remaining missing impulses and end the transmission when the number of impulses specified by your treating physician (generally 9 impulses) has been reached.
- To end the energy transmission, raise the Transmitter from your leg and switch off the device as described in the section "Instructions for lengthening".

Because a potential malfunction does not constitute an emergency, it is sufficient if you inform your treating physician the following day. He or she will promptly ensure a replacement. In the meantime, you should continue trying to transmit energy. If you are uncertain whether the lengthening procedure has been performed correctly, you should also contact your physician the following day.

To prevent damage to the system, the intramedullary lengthening nail is designed not to perform distraction under excessive loads. It is therefore entirely possible that following several unsuccessful attempts to transmit energy, a regular distraction procedure can suddenly again be performed. Physiotherapy exercises benefit the distraction process. Please observe the instructions of your treating physician.

In the event of faults or malfunctions, switch off the FITBONE[®] Control Set. Do not perform any interventions yourself and only have repairs carried out by the manufacturer. Non-observance of the above instructions may jeopardize the safety of the device. Should you have any problems during initial operation of the FITBONE[®] Control Set or require assistance in this regard, please contact your treating physician.

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| Patie | nt's len | Patient's lengthening form | ng form | | | | | |
|-----------------------|--------------------|----------------------------|--|------------------------------|---------------------|----------------|------------------------------|-------|
| Patient name: | | | | | 1 | Surgery | Surgery date: / | - / |
| Limb: 🗌 Femur right | |]Femur left 🛛 🗌 - |] Tibia right |] Tibia left | | | | |
| Lengthening Target: _ | et:mm | | | | | | | |
| | | | | | Lengthening phase 1 | g phase 1 | | |
| | | | Prescribed s | Prescribed sessions per day: | | Prescribed im | Prescribed impulses per day: | |
| | | (accordin | Lengthening session (according to physician prescription) | on scription) | | | | |
| Date | | П | Impulses transmitted | ed | - | Total impulses | Iengthening | Notes |
| | Session 1 Time: | Session 2 Time: | Session 3 Time: | Session 4 Time: | Session 5 Time: | | impulses=1mm | |
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| Patier | nt's len | Patient's lengthening form | lg form | | | | | |
|-----------------------|--------------------|-----------------------------------|--|--------------------------------|---------------------|-----------------|------------------------------|-------|
| Patient name: | | | | | | Surgery date: _ | date: / | · / |
| Limb: 🔤 Femur right | | Femur left 🛛 T |] Tibia right |] Tibia left | | | | |
| Lengthening Target: _ | t:mm | | | | | | | |
| | | | | | Lengthening phase 2 | g phase 2 | | |
| | | | Prescribed se | Prescribed sessions per day: _ | | Prescribed im | Prescribed impulses per day: | |
| | | Le (accordin | Lengthening session (according to physician prescription) | n scription) | | | Total | |
| Date | | Im | Impulses transmitted | ed | | Total impulses | lengthening | Notes |
| | Session 1 Time: | Session 2 Time: | Session 3 Time: | Session 4 Time: | Session 5 Time: | | (mm) 27 impulses=1mm | |
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| Patient name: | | | | | i | Surgery date: | date: / | - / |
| Limb: 🗌 Femur right | |]Femur left |] Tibia right |] Tibia left | | | | |
| Lengthening Target: _ | et:mm | | | | | | | |
| | | | | | Lengthening phase 3 | g phase 3 | | |
| | | | Prescribed s | Prescribed sessions per day: _ | | Prescribed im | Prescribed impulses per day: | |
| | | Le (accordin | Lengthening session (according to physician prescription) | n scription) | | | T-+- | |
| Date | | П | Impulses transmitted | ed | | Total impulses | lengthening | Notes |
| | Session 1 Time: | Session 2 Time: | Session 3 Time: | Session 4 Time: | Session 5 Time: | | impulses=1mm | |
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| Patient name: | | | | | İ | Surgery date: | date: / | - / |
| Limb: 🔤 Femur right | | Femur left 🛛 🏹 |] Tibia right |] Tibia left | | | | |
| Lengthening Target: _ | et:mm | | | | | | | |
| | | | | | Lengthening phase 4 | g phase 4 | | |
| | | | Prescribed s | Prescribed sessions per day: _ | | Prescribed im | Prescribed impulses per day: | |
| | | Le (accordin | Lengthening session (according to physician prescription) | n scription) | | | T-+ | |
| Date | | П | Impulses transmitted | ed | | Total impulses | lengthening | Notes |
| | Session 1 Time: | Session 2 Time: | Session 3 Time: | Session 4 Time: | Session 5 Time: | | impulses=1mm | |
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| Patien | it's len | Patient's lengthening form | lg form | | | | | |
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| Patient name: | | | | | ĺ | Surgery date: _ | date: / | / |
| Limb: 🗌 Femur right | | Femur left 🛛 T |] Tibia right |] Tibia left | | | | |
| Lengthening Target: _ | mm | | | | | | | |
| | | | | | Lengthening phase 5 | g phase 5 | | |
| | | | Prescribed se | Prescribed sessions per day: _ | | Prescribed im | Prescribed impulses per day: | |
| | | Le (accordinε | Lengthening session (according to physician prescription) | n scription) | | | H + | |
| Date | | Im | Impulses transmitted | ġ | | Total impulses | lengthening | Notes |
| | Session 1 Time: | Session 2 Time: | Session 3 Time: | Session 4 Time: | Session 5 Time: | | impulses=1mm | |
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| Patien | it's len | Patient's lengthening form | lg form | | | | | |
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| Patient name: | | | | | | Surgery date: _ | date: / | / |
| Limb: 🗌 Femur right | | Femur left T |] Tibia right |] Tibia left | | | | |
| Lengthening Target: _ | mm | | | | | | | |
| | | | | | Lengthening phase 6 | g phase 6 | | |
| | | | Prescribed se | Prescribed sessions per day: _ | | Prescribed im | Prescribed impulses per day: | |
| | | Le (according | Lengthening session (according to physician prescription) | n scription) | | | H + - | |
| Date | | Im | Impulses transmitted | ġ | | Total impulses | lengthening | Notes |
| | Session 1 Time: | Session 2 Time: | Session 3 Time: | Session 4 Time: | Session 5 Time: | | impulses=1mm | |
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| Patien | ıt's len | Patient's lengthening form | g form | | | | | |
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| Patient name: | | | | | i | Surgery date: _ | date: / | / |
| Limb: 🗌 Femur right | | Femur left 🛛 T |] Tibia right |] Tibia left | | | | |
| Lengthening Target: _ | mm | | | | | | | |
| | | | | | Lengthening phase 7 | g phase 7 | | |
| | | | Prescribed se | Prescribed sessions per day: _ | | Prescribed im | Prescribed impulses per day: | |
| | | Le (according | Lengthening session (according to physician prescription) | n scription) | | | | |
| Date | | Im | Impulses transmitted | ğ | | Total impulses | lengthening | Notes |
| | Session 1 Time: | Session 2 Time: | Session 3 Time: | Session 4 Time: | Session 5 Time: | | impulses=1mm | |
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| Comments | and | special | notes |
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| Comments | and | special | notes |
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For a full list of warnings and further information, please refer to the Instructions for Use FITBONE[®] Control Set.





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